

A New Chapter: Families Moving Forward

Peer-Led Parent Support Group

Presented by the Waterloo Region Family Network and Bridges to Belonging



**Are you the parent/caregiver of a young adult with disabilities?
Do you wonder how the future will look for your child,
and for yourself?**

Our new discussion group will take on these questions together.
Join us as we share ideas, experiences,
resources, and strategies while planning for the future.

This group will meet every Tuesday from 7-9 PM October 4th - November 22nd

At

The Family Centre, 65 Hanson Ave., Kitchener – Room 1024

Register by calling Krista at 519.886.9150 x 2 or emailing krista.mccann@wrfn.info

