A New Chapter: Families Moving Forward

Peer-Led Parent Support Group

presented by the Waterloo Region Family Network and Bridges to Belonging



Are you the parent/caregiver of an adult with disabilities? Do you wonder how the future will look for your child, and for yourself?

Our new discussion group will take on these questions together. Join us as we share ideas, experiences, resources, and strategies while planning for the future.

A New Chapter

Wednesdays from March 21st to May 2nd

6:30 - 8:30 PM

KW Habilitation (The Vibe), 99 Ottawa Street S

Register by emailing <u>wnewbery@bridgestobelonging.ca</u>



